# How long do the sessions last?

We offer our Dementia Diagnosis Days as a 12 week course. This allows our patients and their carers time to adjust to the new diagnosis and learn tools and tips to move forward positively.

This is a rolling course, so they start when is right for the patient with no need to wait for a new 12 week programme to begin.

This means the patient and their family can get the help they need when they need it most.

### How are the sessions accessed?

Patients can be referred by their GP, district nurses, memory clinic, or family members.

Sessions are run every Friday at Rossendale Hospice by our trained team of nurses and support workers.

If you would like more information, or wish to refer a patient for our Dementia Diagnosis Days:

#### Email

### Yvonne.White@rossendalehospice.org

Call 01706 393870 Option 2

Or scan the referral QR code opposite.

### How to contact us

**Open:** Mon-Fri 8.30-4.30

**Tel:** 01706 393870 (out of hours, please leave

a message on our answer phone) **Email:** admin@rossendalehospice.org **Web:** www.rossendalehospice.org

### How to locate us

Rossendale Hospice New Cribden House Rossendale PHCC 161 Bacup Road Rawtenstall BB4 7PL

We are located on the second floor of the Health Centre, accessible by lift.

### If you have a complaint

We hope that you will not have any reason to complain but if you do, please speak to a member of staff or ask to see the Family Support Lead.

Alternatively, you may put your concern in writing, using the above address

If a complaint is not resolved to your satisfaction, you may contact the Care Quality Commission at www.cqc.org.uk or call 03000 616161



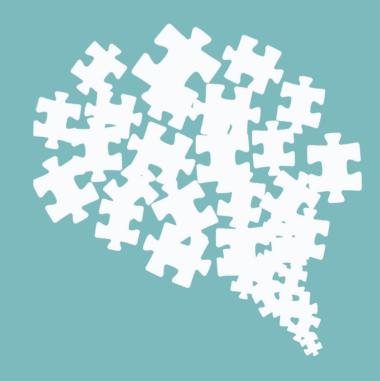


:Registered Charity Number 1008228



# Dementia Diagnosis Days

**Early onset dementia support** at Rossendale Hospice



### What is the service for?

The aim of this service within the hospice is to support patients who have been newly diagnosed with early onset dementia, or memory issues.

This will be held within the hospice on a weekly basis providing stimulation to such patients, as evidence shows early intervention in new diagnosis extends the time prior to needing 24 hour care.

We believe equipping patients and their carers with the right information and resources at that early stage can not only see them prepared for the changes to come but also slow those changes.

### Who benefits from this service?

This service is for those who have recently been diagnosed with memory issues and are looking for help.

For those who have managed their symptoms for some time, other resources are available.

This is also a time to support those caring for those living with dementia, by providing a link to the services available in the Rossendale area, a time to talk to others in the same position, to access support for themselves, and also much needed regular respite.

Family members and carers of our patients are as affected by the changes as our patients, so it is vital to give them the help they need too.

### What will happen in these sessions?

The day will start at 10am, when carers can drop off their relative, access some support themselves from knowledgeable staff here at the hospice, have time just to talk, or go off to do things they need to do.

The nature of the sessions are flexible, dependant on the group members, their needs and desires. Our team will build a day that blends meaningful socialising with peers with activities that can improve focus, memory and recall. Whilst it should be a day of quality and informed care, it is importantly a day with friends filled with fun and normality.

Materials will be provided to aid the fun and mindfulness such as puzzles, games and art therapy equipment.

The patient will be treated to a nutritious cooked lunch, then stay with us at the hospice until 2pm when they can be collected again.



# Why Rossendale Hospice?

When people hear the word hospice they often think immediately about end of life care, which we do provide, but here at Rossendale Hospice we believe that care comes in many forms.

Our focus is on those who face life-limiting conditions and to help them navigate their way through from diagnosis, fear and confusion to a managed condition with informed treatment tools and a friendly face.

All of our spaces are as bright and welcoming as our staff and team of volunteers. Patients across our services often speak to their surprise at how warm an environment it is to be in.

Patients and carers are free to visit in advance if they have reservations or questions about any of our services.

# What patients have said about Rossendale Hospice:

"Each member of staff I have met has such a lovely caring attitude. I have really enjoyed the whole experience."

"It's really not what I expected when I heard the word 'hospice'. I was scared of what it meant to have treatment there but as soon as I walked in I knew I was wrong to be worried. It helped me so much"