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Registered Charity Number 1008228



day therapy

at Rossendale Hospice

welcome...

to Rossendale Hospice Day Therapy Service

We want to make sure that your day at the Hospice is both enjoyable and beneficial to you. We offer a wide range of supportive care to help you deal with the physical, emotional and practical issues you may be faced with at this time.

You will be able to meet others in a similar position, who really do understand how illness can change the lives of both you and your family.

Come and see

Many people are naturally anxious when Hospice Services are discussed.

We would like to share with you information about how we may be able to help you and your family/carer deal with both the physical and emotional impact that living with a life limiting illness may bring. You are welcome to come and have a look around, either alone or with your family or a friend.

This should be organised beforehand, either by contacting your Macmillan or District Nurse or simply telephone us on 01706 240084 (Monday to Friday, 8:30am to 4:30pm)

The Day

Our Day Therapy sessions are held in a "home from home" environment and are very relaxed and informal. People usually arrive around 10am and are invited to stay until 3pm. Lunch is served around 12:30 with a choice of hot and cold menus. Tea, coffee and soft drinks are always available.

Help with transport

If you do not have your own transport we have a Hospice minibus, with an accompanying driver to help you. They will collect you in the morning and take you home when Day Therapy is over. The minibus has a hydraulic lift, so even if you use a wheelchair it is not a problem.

How much does it cost?

All our services are free to our patients and their families.



Meals

All food and drinks are there for you to enjoy, free of charge.

We are able to cater for any special dietary requirements, simply let us know in advance.

Services available to you during the day

- Symptom Control Advice
- Emotional Support
- Counselling / Psychological Support
- Health and Beauty Advice
- Art and Craft Sessions
- Welfare Rights Advice
- Jacuzzi/Spa Bath
- Dietary Advice
- Podiatry Services
- Demonstrations
- Complementary Therapies:-
 - Aromatherapy Massage
 - Reiki
 - Reflexology

Services are provided by our experienced and dedicated team of Nurses, Psychotherapists, Counsellors and Touch Therapists.

Medicines

Every time you attend Day Therapy, please bring with you any tablets or medicines you require during the day.

You will be responsible for remembering your tablets and their safekeeping.

Your GP

While attending Day Therapy, you will remain under the care of your GP and the Hospital Consultant.

What happens if I suddenly become unwell whilst at the Hospice?

Trained nursing staff are always on duty. They will ensure that appropriate treatment is given if you are taken ill and will also liaise with other professionals if additional help is required.

Smoking

The Hospice has a no smoking policy.

Matters of Concern

If at any time, you or your family/carer are unhappy about any aspect of your care, please inform one of the Nursing Team who will always be willing to discuss your concerns. Alternatively the Hospice Manager can be contacted on 01706 240084.

