



Integrated Health  
Care Centre  
Registered Charity No.1008228

We hope you enjoy reading this newsletter, which aims to keep you up to date with all our developments and activities. You may have something you'd like to contribute, in which case contact Irene Smith, Hospice Manager, on 01706 240084.

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Registered Charity Number 1008228

Patrons of Rossendale Hospice



# Friends

*The newsletter of Rossendale Hospice*

## Things are moving on at a great pace...

In the Spring issue of our newsletter, we gave you an update on progress with our pending relocation to new premises on Bacup Road, Rawtenstall.



We are committed to ensuring that our monies are invested as far as possible into the provision of patient care. Whilst the construction costs have been met by NHS East Lancashire we are responsible for new furnishings. We are not yet at the cosmetic stage of the process, but are delighted to have received offers of help from local businesses in a variety of ways.

As you will appreciate, the prospect of moving again, in such a short time, is quite daunting; particularly as everyone, especially our patients, have settled quite nicely into our current premises within Rossendale Hospital.

Since then things have moved on considerably, with construction well underway and the opportunity to look around the site, as opposed to on a plan!

The relocation brings with it a huge amount of work and planning to make sure our new home meets the needs of our service.

We are extremely lucky to have huge support in all areas: from NHS East Lancashire Management and Staff; Eric Wright Construction Group and Nightingale Associates, who share our passion and dedication in creating a Hospice to be proud of.

Patients will benefit from a range of dedicated and well equipped treatment suites and a beautiful lounge and conservatory, which leads on to a roof top garden.

So despite our own earlier reservations, please be assured that the new Rossendale Hospice brings many benefits: a central location easily accessed by all, warm, comfortable and very welcoming surroundings and mutual access to a variety of services within the health care premises.

Our provisional move date is week commencing 24th May 2010, which allows us to schedule and plan the relocation with the minimum of disruption. We will of course keep you updated and look forward to the day when we can show you around.

**In the meantime if you would like any further information, please don't hesitate to call.**

**Rossendale Hospice - here for support, here for information, here for your family, here for you.**

# A note from our Chairman...

Steady progress might not be an exciting description, but I'm pleased to report just that.



For instance, every day sees a little more work carried out on the new health hub in Rawtenstall, which will be our permanent home from next May.

Whilst we are very happy in our present building, we are looking forward to moving into tailor-made facilities in a convenient location and in close proximity to other providers of health care. I am sure that one of the practical benefits will be better communications and relationships all round, which can only help patients who will be using our services.

We continue to plan for the extension of services outlined in the last newsletter. These are all moving forward and we hope that they will formally be available in the coming months. I am sure that

they will be much appreciated and as successful and well utilised as our more established activities.

None of this could become a reality without the enthusiastic support of a dedicated group of staff and volunteers, all of whom strive to improve on the quality and the range of services offered. Every week I see a hospice which is a little more professional in every respect, a little more skilful and which offers a little more to our patients and their carers. That's what I mean by steady progress.

Our finances remain stable, despite the economic storms of recent times. The range and enthusiasm of fundraising activity continues to astound me, from the glamour of the Hospice Ball to the smallest penny pinching effort. I can only repeat my thanks to everyone who has been involved in some way. The people of the Valley provide for us and in return we

provide for those who need our help. Long may the partnership continue!



Jim Watts

Finally I would like to congratulate Jim Watts, our longest serving trustee, who was elected as Honorary President of the Hospice at our recent AGM.

He has given so much to the Hospice from its earliest days that it just seemed right to recognize and reward his contribution. He has been a trustee for over twenty years and was founder chairman for four years. Well done Jim and thanks for all your hard work in helping to develop the Hospice into what it has become today.

Geoff Summers

## Scaling Snowdon



Steven Kelly and Andrew Heath scaled the heights of Snowdon (the largest mountain in Wales) on 4<sup>th</sup> July 2009. The duo braved awful weather conditions for 5 hours, trekked nine miles, and climbed 3560ft to raise money for us. Steven and Andrew informed everyone of their challenge via facebook and sent an e-mail asking family, friends and work colleagues to sponsor them via JustGiving, (which meant they didn't have to handle any monies themselves). **They have raised a staggering £869.60!**

Steven said "My mum and gran regularly visit the Hospice and I really appreciate the help and support they have received. I understand that the Hospice relies on voluntary donations to continue to provide services like my mum and gran have accessed and I wanted to do something to help. The conditions were so terrible that we probably wouldn't have done it if it wasn't for the sponsorship that motivated us, but I am so glad I did – it is a great feeling knowing that I have helped make a difference".

## Great news for the Hospice...

We are delighted to tell you that local company Arthouse has agreed to become a Patron of the Hospice.

Established in 2000, Arthouse has grown rapidly to become one of the country's leading suppliers of home decoration products.

With our pending relocation to the new hospice premises you can imagine how delighted we were when Arthouse offered to provide both materials and design expertise...

Look out for further details on our website and spring 2010 newsletter.

[www.arthouse.com](http://www.arthouse.com)

## Superheroes use their powers!



The 'Superhero' friends took part in the Saddleworth Beer Walk on Saturday 6th June 2009. The 'Superheroes' alongside 2100 other people in fancy dress (all raising money for various charities), endured eleven miles of walking and a plentiful supply of beer on the way! The 'Superheroes' had a great day, but more importantly raised £84.13 for the Hospice funds.

## Christmas in Rawtenstall 1910



This year we have commissioned a beautiful watercolour of Bank Street, Rawtenstall in

winter 1910. This is produced by Geoff Butterworth, a local artist who has kindly allowed us to reproduce it for this year's bespoke Christmas card exclusively for the Hospice. Please take a look at the order form enclosed to see the other choices available.

Alternatively you can purchase from: Oscars in Rawtenstall, Kaboodle in Haslingden, Village Woolshop in Crawshawbooth, Musbury Fabrics in Helmshore, Thelma's in Bacup and Headmasters in Waterfoot.

# That's what friends are for...



Not only did they muster up sponsorship, but completed the walk themselves, with a little help from family, friends, Hospice staff and volunteers. Brian joined us as a patient in September 2008 and like many people who have been diagnosed with a terminal illness, was unsure of how the Hospice would be able to help.

Brian's legacy lives on at the Hospice as his fundraising efforts will allow us to provide equipment for fun and entertainment for the patients.

**Thank you Brian, Ann and your family and friends for your support. Our thoughts are with you.**

Amongst many of the benefits for patients who come to Day Therapy sessions at the Hospice, it is undoubtedly the support and understanding of "kindred spirits", (fellow patients) that means so much to so many.

There is no finer example of this theory than a recent charity walk around Clowbridge reservoir on zimmer frames and wheelchairs, which was organised by a former patient Brian Whyment. Sadly Brian died a little less than three weeks after organising, planning and completing the sponsored walk. Brian's greatest wish was to raise money on behalf of the Hospice, to buy entertainment equipment for the patients; a wish that came true with the event raising in excess of £2,000 to date.

Spurred on by his amazing strength of courage, fellow patients, many octogenarians, joined him in his mission.

## **Here are Brian's thoughts which he shared with us:**

"I count the days until I'm back at the Hospice because I enjoy the company so much. Whatever your life expectancy you have left, they help you make the most of it. I can't thank them enough"

Everyone at the Hospice is saddened by the news of Brian's death. Friends and fellow patients, staff and volunteers were all touched by Brian's presence and lovely personality. However, his determination and courage, which we were privileged to share, will certainly be an inspiration to all.



If you, or someone you know, is suffering from a life-limiting illness and would like further details about the services available to patients, families and carers, please don't hesitate to contact us on **01706 240084** or visit our website at [www.rossendalehospice.org](http://www.rossendalehospice.org)

**Rossendale Hospice – here for support, here for information, here for backup, here for your family, here for you.**

## **You've Got a Friend... Rossendale Hospice Befriending Service**

Caring for someone with a life-limiting or terminal illness can have a huge impact on those who support the patient – perhaps leaving them with little or no time or energy to do the things they used to enjoy. Carers can feel isolated, tied to the home and out of touch with other people. As part of its commitment to enhancing and developing services, the Hospice is now set to launch its new Befriending Service which offers additional support to carers.

The Befriending Service aims to help address this in a small but significant way by offering carers the chance of home visits by a carefully selected and trained volunteer, known as a befriender.

Befriending projects have worked successfully over many years throughout the country and our hope is that our service will bring many benefits for those involved.

For carers, it can give the chance of some social contact, to have some time to themselves and the opportunity to go out whilst the befriender sits with the person they care for.

For volunteer befrienders it can provide a very rewarding and worthwhile use of any spare time and can provide useful experience for those seeking work in a helping role.

**If you, or anyone you know, may be interested in accessing this service or becoming a befriender, please contact Marion McCall on 01706 240084.**

# Dale's Experience

When I first heard that I'd be attending a hospice, I thought the same thing as a lot of people would - 'Hospices are places where people go to die, aren't they?'. Well maybe some of them are, but my experience couldn't be further removed from that - I attend Rossendale Hospice once a week, and it's a place where the focus is all about living; about looking forwards and getting the most out of the time you have left.

My name is Dale, and I'm a 58 year old widow with Chronic Obstructive Pulmonary Disorder, a degenerative respiratory illness which hugely impacts on those who suffer from it. My mobility and independence are severely limited, so for me attending the Hospice is one of the highlights of my week.

It's a place where I get to socialise with new friends, have endless cups of tea, the occasional glass of Baileys and feel like people genuinely care.

The staff are friendly and positive, make a real effort to treat each person as an individual and are never too busy to sit down with a smile and talk through any concerns I might have.



They prove that patient care isn't just about medication, it's about patience and respect. Rossendale Hospice is a special place that makes a real difference to the lives of all those who attend there, no matter how briefly.

**Thank you for your generosity and support.**

**If you would like further details about our services please do not hesitate to call us on 01706 240084.**

## Raising money in harmony



The event was enjoyed by all and raised a fabulous £3523.65 for the Hospice, as a result of the immense generosity of family and friends who sponsored our runners.

Bespoke running vests had been kindly provided by Art Exhibition Textiles Ltd. 'Gifts in kind' such as these can save the Hospice an incredible amount of money, reducing operating and event expenses.

**Special thanks also to Gary and Lindsay Morton who have been a great help.**

### HOT NEWS

#### VIRGIN LONDON MARATHON

**If you would like to take up the challenge of participating in this prestigious event or indeed any other event to benefit your local hospice, please contact us for further details: 01706 240081.**

Sporting luminous yellow running vests, runners at the BUPA Great Manchester Run, Sunday 17<sup>th</sup> May, certainly attracted attention and raised the profile of the Hospice.

The 10k run kicked off to the sounds of Russell Watson singing "You raise me up" and cheers of thousands of supporters – the atmosphere was electric.

## REGISTERED GENERAL NURSES and HEALTHCARE ASSISTANTS required to join our BANK STAFF

Caring for someone in the final weeks of their life is challenging and demanding, but is also an uplifting and rewarding experience.

**OUR HOSPICE AT HOME SERVICE REQUIRES HIGHLY MOTIVATED STAFF TO WORK WITH THE HOSPICE AT HOME TEAM PROVIDING CARE TO PATIENTS IN THEIR OWN HOME.**

In order to expand and enhance our current service we require the following Bank Staff:  
**Registered Nurses –**  
£10.70 per hour, plus enhancements and Travel Expenses 27p per mile

**Health Care Assistants Minimum NVQ Level 2**  
£6.58 per hour, plus enhancements and Travel Expenses 27p per mile

Various contract hours and shifts including night duty will be available.

**Typical Daytime Shifts are**  
8am to 2pm, or 5pm to 8pm

**Night Shift: 10pm to 8am**

Applicants will need to be a car owner with full driving licence and the ability to be flexible to meet the needs of the service. Employment will be subject to CRB clearance

There may also be the opportunity for Bank Work within our Day Therapy Services. Details on request.

*These vacancies provide the opportunity to further develop existing care skills whilst working in a Palliative Care setting, for which relevant training will be given.*

**For more information about the role(s) phone Vicki Beard or Paula Vick on 01706 240080**

## Shoppers Dig Deep

This year alone shoppers in the Valley at the Haslingden and Rawtenstall Tesco stores and Bacup Co-op have boosted our funds by £2501.10

Many thanks to: all our volunteers who spared their time; the stores for their support and the general public for their generosity.

## Forthcoming Fundraising Events:

### ► Rossendale Woman of the Year Ladies lunch

Friday 4th December at Nino's Restaurant, Rawtenstall.

Tickets priced at £40 each.

### ► Do you know someone who deserves the prestigious title of 'Rossendale Woman of the Year'?

Someone who: continuously strives to help local people, has tirelessly achieved something extraordinary despite the odds, works tirelessly for the benefit of local charities, and is a valued member of the community.

We often comment how wonderful some people are, but rarely do anything about it. Now is your chance to get them the recognition they deserve!

If you would like to nominate an individual, you can download the relevant form from our website at [www.rossendalehospice.org](http://www.rossendalehospice.org) or request one from the Fundraising department on 01706 240081. The closing date for nominations is Monday 6th November.

### ► Light up a Life

Tuesday 15th December at St James the Less Church, Rawtenstall.

Our Light up a Life service is a really positive way of remembering a loved one at Christmas time. If you would like to make a dedication, please see the leaflet enclosed.

## Unwanted Gifts

If you would like to put to good use any unwanted gifts, why not consider donating them to the Hospice? We are always looking for good quality items for use as raffle and tombola prizes at our Fundraising events (*Unfortunately we are unable to accept electrical items*).

You may drop your unwanted items off at the Hospice, Rossendale Self Storage in Stacksteads (*on Taylor Holme Industrial Estate, opposite the Hare and Hounds Pub*) or arrange for them to be collected by contacting the Fundraising department on 01706 240081.

## Your opinion counts

Our Hospice Newsletter is produced twice a year and is sent to over 3000 of our supporters. We hope you find it interesting and informative. If you have any comments we would love to hear from you.

If you have a friend or relative who would like to receive a copy of our newsletter, or if for any reason you would prefer not to receive this or other mail from Rossendale Hospice, please contact us.

**You can call:** 01706 240081,  
**email:** [fundraising@rossendalehospice.org](mailto:fundraising@rossendalehospice.org)  
**or write to:** Fundraising Department, Rossendale Hospice, Cribden House, Rossendale Hospital, Rossendale, BB4 6NE.

## Want to know more about our services?

Visit our website –

**[www.rossendalehospice.org](http://www.rossendalehospice.org)**

Here you will find details of everything we do, plus new information booklets on our services, which we hope you will find useful. If you can't find the information you require, please don't hesitate to call us on 01706 240084.

## Grand Summer Draw



Thank you to everyone who participated in our 'Summer Draw' 2009. The winning tickets were drawn on Wednesday 1st July 2009 by the Mayor Joyce Thorn, Mini-mayor Joshua Proctor and Day Therapy patients.

**The campaign was a huge success and generated £3306.00.**

### The winning tickets are:

**1st Prize:** £250 Cash Prize, donated by Winfield's Outdoor Megastore  
- Won by ticket no. 00495

**2nd Prize:** Supply and fit a Parrot Blue Tooth Phone Kit, donated by JY Auto Electrics Ltd  
- Won by ticket no. 00562

## Lose the Pounds and raise the Pennies!!



Natalie is pictured at the front holding the scales

Rossendales Ltd diet club led by Natalie Paul continues to raise money for the Hospice. Since January they have raised nearly £500 in subs and have lost an incredible 40 stones which is good news for the Hospice as Rossendales donate £1 to the hospice for every pound in weight lost by the diet clubbers who total around 20 members of staff. Up to the end of July they have raised nearly £1000.00! Well Done!

**3rd Prize:** Six Designer Floral Arrangements, donated by Patricia's Floral Fayre  
- Won by ticket no. 00171

**4th Prize:** Child's Drum Kit and Six Lessons, donated by Mr and Mrs Greenhalgh and Anthony Chadwick  
- Won by ticket no. 00563

**5th Prize:** His/Hers Mountain Bikes, donated by a Hospice supporter  
- Won by ticket no. 15892

**6th Prize:** Luxury Cut and Blow Dry, donated by Freddie's  
- Won by ticket no. 00328

**7th Prize:** Meal for Two, donated by Ashoka Restaurant  
- Won by ticket no. 10810

We would like to extend our utmost appreciation to the above businesses and individuals for donating the prizes, Woodcocks Solicitors for sponsoring the printing of the tickets, all the local businesses who promoted the campaign for us and of course, everyone who bought tickets – **If you would like to support us with next year's Summer Draw, please contact Sam Morris, Fundraising Manager.**

## Summer Ball



This year the theme was a 'Cocktail Ball' which was held at Fence Gate Inn on Saturday 13th June 2009 and raised a magnificent **£34,717**. Neville Neville compèred the evening and conducted our charity auction, followed by a spectacular performance from 'The Bar Wizzards' (finalists on Britain's Got Talent Show 2007) who made cocktails for our guests. The Hospice is most grateful to all the members of our Special Events Committee who play an integral part in the organisation of this event, everyone who donated auction and raffle prizes and all our guests who made the event such a resounding success.



Apologies to Susan Holmes and Susan Ainsworth who were incorrectly referred to in our last newsletter. Just to clarify, Susan Ainsworth is Snr Staff Nurse within Day Therapy Services and Susan Holmes Clinical Governance Officer. Thanks again

## Woodcocks golf day raises £4,000 for charities

Burnley Chief Executive, Paul Fletcher MBE helped ensure solicitors Woodcocks' golf day was a par-fect success for local charities.

Fletcher was auction master and presented the prizes at the Rossendale Golf Club event which raised more than £4,000 for three charities — £3,000 for Rossendale Hospice, £1,000 for Breakthrough Breast Cancer and £100 for Lions.

The golf day brought together a number of teams from businesses in the region, who initially battled it out on the course for the golfing honours and then boosted the fundraising effort with an auction of sporting memorabilia.

The prizes included a unique magnum of champagne, donated by the club and signed by Burnley manager Owen Coyle. It had been presented to the Turf Moor club by Barclays to celebrate Burnley's promotion to the Premier League. It was eventually sold for £260.

Woodcocks Senior Partner, Roger Medlock said: "We were delighted that Burnley's Chief Executive, Paul Fletcher agreed to help out with the auction. It was a marvellous event. Not only did we raise money for three very special causes, everyone thoroughly enjoyed themselves. We were even lucky enough to have great weather for the golf."

A total of 18 teams took part in the competition, which was won by Derek Nuttall Demolition.

Crawshawbooth-based James Killelea and Sons were the main sponsors and also donated a framed Manchester United memento for the auction, while Woodcocks donated a colour photograph of the 1966 England World Cup Winning Team, signed by Geoff Hurst, Martin Peters and the late Alan Ball.

Woodcocks is a patron of Rossendale Hospice and has organised a number of events to raise money for the organisation. This was the second annual golf event and earlier this year the firm organised a whisky tasting evening which raised £5,000.

Mr Medlock added: "The Hospice is a very noble cause. It carries out vital work for our community but not everyone realises that it relies on fundraising and donations to keep going. We recognise that events like the golf day are important to help it continue. We are proud to be their patrons."

Woodcocks is one of the country's longest established firms of solicitors and has branches in Bury, Bacup, Rawtenstall, Haslingden and Ramsbottom.



Picture shows: left to right Lawrence Pacey, Paul Fletcher Burnley FC chief executive, Derek Nuttall, Stephen Holt, Roger Medlock.

### ROSSENDALE



HOSPICE

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Rossendale Hospice, Cribden House,  
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Registered Charity No. 1008228  
Company Limited by Guarantee  
No. 2655764

#### Other Telephone Numbers:

Hospice at Home: 01706 240080  
Day Care: 01706 240084  
Administration: 01706 240083

**Facsimile:** 01706 213132

**Email:** [admin@rossendalehospice.org](mailto:admin@rossendalehospice.org)

#### Fundraising and Volunteering

If you think you can help in any way at all, just give the Fundraising office a ring on 01706 240081 or email [fundraising@rossendalehospice.org](mailto:fundraising@rossendalehospice.org)